



# Timetable & Price List



TIME / DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 - 10:00							Closed
10:00 - 11:00	Amateur Team	Fitness Kickboxing	Amateur Team	Fitness Kickboxing	Amateur Team	Martial Arts	
11:00 - 12:00						Urban Combatives	
12:00 - 13:00						Open Gym	
13:00 - 14:00							
14:00 - 15:00	Open Gym	Emergency Self-Defense	Open Gym	Emergency Self-Defense	Open Gym	KIDS 8-15	
15:00 - 16:00							
16:00 - 17:00							
17:00 - 18:00	KIDS 4-7	KIDS 8-15	KIDS 4-7	KIDS 8-15	KIDS 4-7		
18:00 - 19:00	Fitness Kickboxing	Fitness Kickboxing	Fitness Kickboxing	Fitness Kickboxing	Fitness Kickboxing		
19:00 - 20:00	MMA	Martial Arts	MMA	Urban Combatives	Sparring		

KEY:	KIDS	FITNESS	MARTIAL ARTS	ALL ACCESS	PRIVATE TRAINING	EDUCATION VISA	
Drop-in	400 THB	400 THB	400 THB	400 THB	1000 THB /hr	3 Months:	35000 THB
10 Sessions	3000 THB	3000 THB	3000 THB	3000 THB	8000 THB	6 Months:	45000 THB
Monthly	2500 THB	2500 THB	4000 THB	6000 THB	-	12 Months:	55000 THB
3 Months	6500 THB	6500 THB	9000 THB	15000 THB	-	-	-

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